Respiratory Testing at OLS

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At the conclusion of this presentation, participants will be able to:

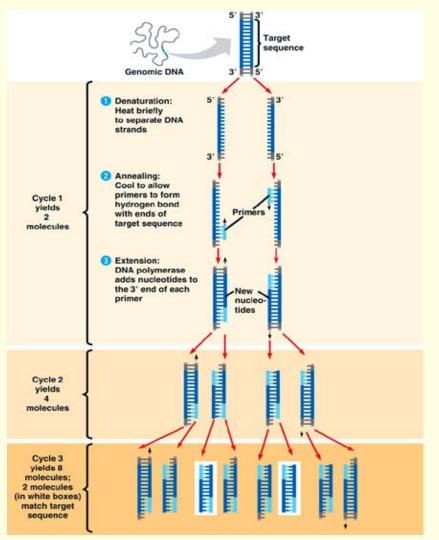
- describe the different respiratory disease test methods available at OLS;
- identify which infectious agents can be detected; and
- explain how to properly package and ship a specimen to OLS.



PCR



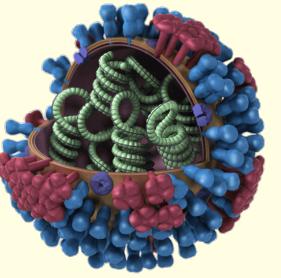
- PCR (polymerase chain reaction) is the primary method used at OLS
 - A process which amplifies single or few copies of nucleic acid (DNA, RNA) to generate millions of copies to increase detection.



Courtesy of: www.foodsafetywatch.com

PCR (continued)

- OLS utilizes the CDC RT-PCR assay for Influenza
 - RT = reverse transcriptase;
 enzyme used to generate
 complementary DNA (cDNA) from
 an RNA template
- Specimens tested using A/B screen first, then reflexed to subtyping for A if positive
- Subtyping panel can detect some variants like H3N2v





magglutinin



iculanininasi



M2 Ion Channel



RNP



- CDC RT-PCR assay contains 6 targets
- Each target corresponds to subtypes
- Designed to detect new and emerging strains
- OLS must send specimen to CDC for confirmation if variant is detected!

TARGET	WHAT DOES IT MEAN?	
infA	"seasonal" Influenza A	
infB	"seasonal" Influenza B	
pdmA	"swine-origin" Influenza A	
pdmH1	"swine-origin" Influenza H1	
infH1	"seasonal" Influenza AH1	
infH3	"seasonal" Influenza AH3	

EXAMPLE: infA+, pdmA+, infH3+ = Influenza AH3N2v

Other PCR



- BioFire Torch
- Multiplex PCR = can detect multiple targets in one assay
- RP2.1 panel can detect 18 viruses and 4 bacteria
- Results available in about one hour
- Used by OLS for a subset of specimens that are negative for Influenza and in outbreaks



Other PCR (continued)



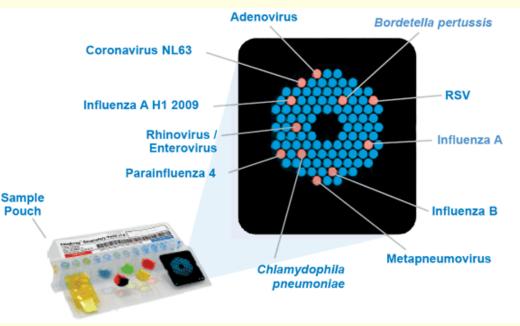
BioFire Torch

VIRAL TARGETS

- Adenovirus
- SARS-CoV-2
- Coronavirus HKU1
- Coronavirus NL63
- Coronavirus 229E
- Coronavirus OC43
- Human Metapneumovirus
- Human Rhinovirus/Enterovirus
- Influenza A
- Influenza A/H1
- Influenza A/H3
- Influenza A/H1-2009pdm
- Influenza B
- Parainfluenza Virus 1
- Parainfluenza Virus 2
- Parainfluenza Virus 3
- Parainfluenza Virus 4
- Respiratory Syncytial Virus

BACTERIAL TARGETS

- Bordetella pertussis
- Chlamydophila pneumoniae
- Mycoplasma pneumoniae
- Bordetella parapertussis





- Proper collection of specimens for respiratory testing is crucial!
- Use only supplies provided by OLS or those recommended for use
- <u>Do not</u> collect specimen is patient is on antiviral therapy
 - If specimen must be collected after therapy has begun, do so within 24 hours
- Specimens can only be transported in approved viral transport media (VTM, UTM)
- <u>Do not</u> collect specimens in saline, buffer, or any other media
- Do no use cotton swabs, calcium alginate swabs, or swabs with wooden shafts

Collection (continued)



MEDIA

- VTM, UTM
- NO saline

SWABS

- Only polyester, Dacron, rayon
- NO cotton





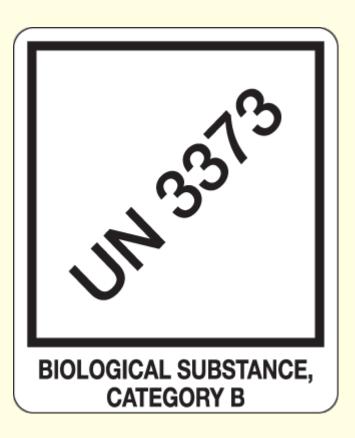


- After collection, immediately refrigerate
- Keep refrigerated until shipping
- If unable to reach OLS within 72 hours of collection, specimen must be FROZEN at -80° C +/- 10° C
 - Recommended to use manual defrost freezer
 - Freeze/thaw cycles will degrade RNA



Shipping

- All specimens must be shipped on cold packs
- Use current IATA, DOT shipping regulations
- Overnight shipping preferred
- Avoid USPS if at all possible



Hea



- Can be downloaded and printed from OLS website: https://dhhr.wv.gov/ols
- Go to Forms page

(https://dhhr.wv.gov/ols/labs/Documents/Micro/Test%20Reque st%20Form_Micro_UPDATED-10Feb2022.pdf)

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OLS Collection Kit Request Form



- Can be downloaded and printed from OLS website: https://dhhr.wv.gov/ols
- Go to Forms page

(https://dhhr.wv.gov/ols/forms/Documents/Specimen%20Kit%2 ORequisition%20Form_Flu_Apr2022-FILLABLE.pdf)

NFLUENZA/RESPIRATORY PATHOGEN SPECIMEN COLLECTION KIT REQUEST FORM	
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Reporting



Influenza PCR

ST WEST	HILLING + MAR	WVDHHR/BPH - Office of Laborator 167 11th Avenue, South Charleston, WV Prone (200) 558 5500 Fax: (300) 658 Andrea M. Labik, Sc.D - Laboratory Dr MCRO Virology Isolation	25303 +6210
Lab Number: M1200 Submitter # Patient Name: Address: Phone # Birth Date: Age: Age: Sex: Last 4 SSN:	01306-01	Submitter: Attention To: MICRO LAB	
Specimen Source: Date Collected: Date Received: Comments:	Nasopharyngeal 04/15/2012 04/24/2012	Other:	
Influenza PCR Result Positive A H3 Comments		Interpretation Influenza A H3 viral RNA detected by POR.	Date Reported Tech ID 04/24/2012 E010077
Report Approved By: This document contains	MS541B confidential health info	nution that is philipped, confidential and exampt f	<u>Dato Reported:</u> 04/25/2012 rom disclosure under law. If you have received the
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Respiratory Virus Panel

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Summary



- OLS provides Influenza and expanded respiratory virus screening year-round
- Proper collection of specimens for respiratory virus testing is critical to ensure quality results
- Package and ship your specimens according to current regulations
- Contact OLS with ANY questions! We are here to help.

Contacts

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Courtesy of: www.umcsn.com

